

Charles D. Spielberger, Ph.D., ABPP

Brief Professional Resume

Charles D. Spielberger is a Distinguished Research Professor of Psychology and Director of the Center for Research in Behavioral Medicine and Health Psychology at the University of South Florida, where he has been a faculty member since 1972. He previously directed the USF Doctoral Program in Clinical Psychology, and was a tenured faculty member at Duke (1955-62), Vanderbilt (1963-66), and at Florida State University (1967-72), where he was also Director of Clinical Training. As a Diplomate in Clinical Psychology of the American Board of Professional Psychology and Distinguished Practitioner of the US National Academies of Practice, he served as a Training Specialist in Psychology (GS-15) at the National Institute of Mental Health (1965-67) and was a Research Fellow in 1979-80 and 1985-86 at The Netherlands Institute for Advanced Study. He is currently an Executive Board member of the Positive Psychology Organization headed by Dr. Martin Seligman.

Author, co-author or editor of more than 400 professional publications, Spielbergers' current research focuses on: positive personality traits (e.g., curiosity), anxiety, depression, and the experience, expression and control of anger; job stress and stress management; and the effects of stress, emotions and lifestyle factors on the etiology and progression of hypertension, cardiovascular disorders and cancer. His books include *Anxiety and Behavior* (1966); *Contributions to General Psychology* (1968); *Anxiety and Educational Achievement* (1971); *Anxiety: Current Trends in Theory and Research* (1972); *Cognitive and Affective Learning Strategies* (1979); *Police Selection and Evaluation* (1979); *Understanding Stress and Anxiety* (1979); *Anxiety in Sports* (1988); *Cross-Cultural Anxiety*, Volumes 1-4 (1976-1990), with R. Diaz-Guerrero); *Personality Assessment in America* (1992); *Test Anxiety: Theory, Assessment and Treatment* (1995); and the continuing 17-volume research series on *Stress and Emotion* (1975-2004, with I. Sarason).

Spielberger's *State-Trait Anxiety Inventory* (1970, 1983), with translations in 72 languages and dialects, has become a standard international measure of anxiety. He is also author of the *State-Trait Anxiety Inventory for Children* (1973), *Test Anxiety Inventory* (1980), *State-Trait Anger EXpression Inventory* (1988, 1999), and the *Job Stress Survey* (1995, 1999). His research contributions have been recognized in the awards he has received from the American Psychological Association (1993), the APA Divisions of Clinical, Community, and International Psychology, the Florida Psychological Association (1977, 1988), the Society for Personality Assessment (1990), and the Lifetime Achievement Award of the International *Stress and Anxiety Research Society* (STAR, 1998). He founded the *American Journal of Community Psychology* in 1971, serving as its editor for seven years, and currently serves as Associate Editor of the *Journal of Occupational Health Psychology* and the *International Journal of Stress Management*. He was also Editor of the LEA series, *Advances in Personality Assessment* (Vol. 1-10, 1982-95, with J. Butcher), and two continuing book series, *Clinical and Community Psychology* (with I. Sarason) and *Health Psychology and Behavioral Medicine*.

During 1991-1992, Spielberger served as the 100th President of the American Psychological Association. He was APA National Treasurer in 1987-1990, and Council Representative for five Terms (1985-87; 1993-98, 2000-06) of the APA Division of Clinical Psychology. He served as President of the International Assoc. of Applied Psychology (1998-2002) and the International Stress Management Assoc. (1992-2000), and as Chair of the National Council of Scientific Society Presidents (1996-97) and the International Psychology Committee of the National Academy of Science (1996-2000). He has chaired five APA national committees (Accreditation, Budget, Finance, Elections, International Relations), and served as an elected member of four additional APA Boards (Policy & Planning, Scientific Affairs, Educational Affairs, Publications & Communications). He has also served as President of the Society for Personality Assessment, the Society for Test Anxiety Research, the International Council of Psychologists, the Southeastern Psychological Association, Psi Chi, the National Honor Society in Psychology, and

four APA Divisions (Clinical, Community, International, and Media Psychology). He is a Fellow of Sigma Xi, AAAS, the Society for Behavioral Medicine, and fourteen APA Divisions (1, 3, 5, 8, 12, 13, 17, 26, 27, 38, 42, 46, 47, 52), and a member of the Academy of Behavioral Medicine Research, the Psychonomic Society, the Society for Psychophysiological Research, and the New York Academy of Sciences.

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**Distinguished Research Professor of Psychology and Director
Center for Research in Behavioral Medicine & Health Psychology**

PROFESSIONAL RESUME: May, 2009

Address: Department of Psychology-PCD 4118G
University of South Florida
4202 Fowler Ave., Tampa, FL 33620-8700
Phone: 813-974-2342 FAX: 813-974-4617
email: spielber@cas.usf.edu

11313 Carrollwood Drive, Tampa, Florida 33618

Education: B.S. 1949 GA. Inst. of Technology (Chemistry)
B.A. 1951 University of Iowa (Psychology)
M.A. 1953 University of Iowa (Psychology)
PhD 1954 University of Iowa (Psychology)

Professional and Research Interests:

Personality and learning; Cross-cultural research on emotion and personality; Assessment of positive personality traits including curiosity; Clinical and health psychology and behavioral medicine; Assessment of anxiety, depression, job stress, and the experience, expression, and control of anger; Psychosocial risk factors for hypertension, cardiovascular disease, and cancer; Assessment and treatment of test anxiety.

Professional Employment and Experience:

University of South Florida Tampa, FL, 1972-present:

Distinguished University Research Professor Emeritus, 2003-present.

Distinguished University Research Professor, 1985-2003; Director, Center for Research in Behavioral Medicine and Health Psychology, 1977-present.

Professor of Psychology, 1972-85; Director, Doctoral Program in Clinical and Community Psychology, 1972-77;

Visiting Professor, University of Santiago de Compostela, Santiago, Galicia, Spain, Aug-Sept. 1990, May-June 1992, Feb. 1993.

Research Fellow, Netherlands Institute for Advanced Study, Wassenaar, The Netherlands, 1979-1980, 1985-86.

Professor of Psychology, Florida State University, 1967-1972; Director, Doctoral Program in Clinical Psychology, 1967-1971; FSU Study Center, London, England, Jan.-June 1972.

Training Specialist in Psychology (GS-15), National Institute of Mental Health, Bethesda, Maryland, Sept 1965-Jan 1967.

Professor of Psychology, Vanderbilt University, Nashville, TN, 1962-67.
(On leave at NIMH, 1965-67).

Assistant to Associate Professor of Psychology, Duke University,
Durham, NC, 1955-63.

Assistant Professor, Medical Psychology, and Chief Psychologist, Psychiatric Outpatient Clinic,
Department of Psychiatry, Duke University Medical Center, 1955-58.

Clinical Psychology Intern (USPHS Fellow), Worcester State Hospital, Worcester, MA, 1954-
55.

Research and Teaching Assistant (VA Trainee and USPHS Fellow), Department of
Psychology, University of Iowa, Iowa City, IA, 1951-54. Counselor, University
Counseling Center (USPHS Fellow), 1953-54.

Military Service:

SN-1/C to Commander, U.S. Navy Reserve. Active Duty, Radio and Electronics Technician
(3/45-8/46). Active/Ready Reserve (8/46-6/79): Electronics; Surface & Mine Warfare; Naval
Research; Education & Training. Retired USNR, 1979; Rank of Commander.

Honors and Awards:

**American Psychological Association Award for Distinguished Contributions to the
International Advancement of Psychology.** Presented at the 113th APA Convention.
Washington, DC, August 2005.

**Wilhelm Wundt-William James Award for Substantial and Enduring Contributions to
Psychology as a Science and a Profession.** Presented at The European Congress of
Psychology in Granada, Spain, July 2005.

Honorary Lifetime Diplomat, National Anger Management Association, 2005

Gold Medal Award for Life Achievement in the Application of Psychology, The American
Psychological Foundation. Presented at the 111th APA Convention, Toronto, Canada,
August 2003.

Honorary Doctorate of Science, Kent State University, Kent, Ohio, May 2003.

Award for Distinguished Contributions to Clinical Psychology, APA Division 12 (Society
of Clinical Psychology), 2000.

STAR Lifetime Contributions Award; International Society for Stress and Anxiety Research.
Presented at the STAR Conference in Istanbul, Turkey, 1998.

**Centennial Award for Distinguished Contributions to Knowledge and Professional
Practice.** American Psychological Association. Gave invited address on "Measuring the

Experience, Expression and Control of Anger," at the 102nd APA Annual Convention, Los Angeles, CA, August, 1994.

Centennial Award for Distinguished Sustained Contributions to Education In Psychology, American Psychological Association, 1992.

Honorary Degree: Honoraris Doctoris Causa, Hungarian University of Physical Education, Budapest, Hungary, July 1991.

Honorary Degree: Doctor Of Humane Letters, Honoris Causa, Pacific Graduate School of Psychology, June 1990.

Bruno Klopfer Award for Distinguished Contributions To Research In Personality Assessment, Society for Personality Assessment, 1990.

Award for Distinguished Contributions To Scientific Research And Professional Practice, APA Division 12 (Clinical Psychology), 1989.

Distinguished University Research Professor, University of South Florida, Appointed 1985.

Sigma Xi Outstanding Faculty Researcher Award, University of South Florida, 1985.

Fellow, Academy of Behavioral Medicine Research. Elected 1984.

Distinguished Practitioner of Psychology, National Academies of Practice. Elected 1984.

Award for Distinguished Contributions To Community Psychology, APA Division 52 (Community Psychology), 1982.

Award for Distinguished Contributions To Psychology For Theory And Research, Florida Psychological Association, 1977.

Distinguished Scholar Award, University of South Florida, 1973 (First recipient of this award).

Fellow of American Psychological Association. Elected 1968.

Diplomate In Clinical Psychology, American Board of Professional Psychology (ABPP). Elected 1961.

Professional Societies and Offices:

American Psychological Association

APA National President: 1991-92.

APA National Treasurer: 1987-90.

APA Board of Directors: 1987-93.

Finance Committee: Chair, 1987-90; **Investment Committee,** 1987-90.

Psychology Today: Board and Executive Committee Member, 1987-90.

APA Insurance Trust: Trustee, 1987-90.

Council of Representative: Elected for 5 terms, 1986-88, 1993-98, 2000-06.

Committee on Accreditation: 1967-1970; Chair, 1969-70.

Committee on International Relations in Psychology (CIRP): 1981-83; Chair, 1982-83.

Elections Committee: Chair, 1992; Member, 1992-94.

Publications and Communications Board: Elected Member, 1984-87; Ex-officio member (APA Treasurer), 1987-90; Chair, Committee on Practitioner Publications, 1984-90.

Board of Scientific Affairs: Elected member, 1993-95. Standards for Educational and Psychological Tests, 1993-1995.

Education and Training Board: Ex-Officio Member, 1969-70. Elected member, 1996-98.

Policy & Planning Board: Elected member, 1996-98.

Fellow, 14 APA Divisions: 1,3,5,8,12,13,17,26,27,38,42,46,47,52.

Division 27: Society of Community Psychology.

President, 1974-75; Member, Executive Committee, 1973-77.

Chair, Committee on Research and Scientific Affairs, 1969-73.

Chair, National Program Committee, 1973-74,

APA Council Representative, 1976-78.

Division 12: Society of Clinical Psychology

President, 1989-90. Member, Division Board of Directors, 1986-91.

Chair, Nominations and Elections Committee, 1990.

APA Council Representative: Five Terms: 1986-88, 1993-95, 1996-98, 2001-06.

Division 52: International Psychology

President, 2002; Member, Executive Board, 1999-2003, 2004-06.

Division 46: Media Psychology

President, 2006; Executive Board, 2003-2007.

American Psychological Foundation

Board of Trustees, 1993-98; Vice-President, 1995-98.

Council of Scientific Society Presidents (CSSP)

CSSP Chair, 1994; Executive Board Member, 1990-1995. (3 Terms).

APA Representative, 1989-92, Invited Speaker, 1990.

Chair, Committee on Ethics in Science, 1991-92.

Chair, Committee on Education in Science & Mathematics, 1993-95.

Chair, International Science Task Force, 1994-95.

Institute of Health Promotion and Education (IHPE)

Honorary Vice-President, 2002-present

Interamerican Society of Psychology (SIP)

SIP Vice-President, North America (U.S. & Canada), 1976-79.

Executive Secretary, U.S. & Canada, 1979-83.

Co-Chairperson, XVI Interamerican Congress, Miami, 1976.

International Society for Test Anxiety Research (STAR)

STAR Founder: 1980-81.

President, 1981-84; Member, Executive Committee, 1981-85.

International Association of Applied Psychology (IAAP)

IAAP President 1998-2002; Member, Executive Committee, 1982-2006.
President, IAAP Division of Psychological Assessment, 1990-1994.
Chair, IAAP Publications Committee, 1986-1994.

International Council of Psychologists (ICP)

ICP President, 1986-87; Board of Directors (2 terms), 1982-88
Area Chair, The Netherlands, 1979-80.
International Convention Program Chair, 1985-86.

International Stress Management Association (ISMA)

ISMA President, 1992-98. (3 terms).

Society for Personality Assessment (SPA)

SPA President, 1986-88; Fellow, 1978; Board of Trustees, 1981-91.
Chair, Nominations and Elections Committee, 1989-91.

Southeastern Psychological Association

President, 1972-73, Secretary-Treasurer, 1965-66.
Member, Executive Council, 1965-66, 1971-74.
Chair, Division I (Universities & Colleges), 1970-71.
Chair, Program Committee, 1971-72; Member, Elections Committee, 1973-74;
Member, Awards Committee, 1977-78.

Psi Chi, The National Honor Society in Psychology

Psi Chi National President, 1980-83 (3 terms)
Vice-President, Southeastern Region, 1976-80 (2 terms)
Member, Psi Chi National Council, 1976-84; Chair, 1980-83.

Who's Who in the Biobehavioral Sciences

Appointed to International Board of Advisors, 1986.

Other Professional Affiliations:

Fellow, Sigma Xi
Fellow, Society for Behavioral Medicine
Fellow, American Association for the Advancement of Science (AAAS)
American Association of University Professors
American Academy of Political and Social Science
American Educational Research Association
International Law Enforcement Stress Assoc., Advisory Board
International Society for Research on Emotion
International Society for the Study of Individual Differences
Eastern Psychological Association,
Midwestern Psychological Association
Florida Psychological Association

New York Academy of Sciences
Psychonomics Society
Society for Psychophysiological Research

Consulting Appointments:

Consultant, Training and Research in Clinical Psychology, Veteran's Administration, Southeastern Region, Various Hospitals & Clinics, 1956-Present.

Consultant, Research and Training, Bay Pines VA Center and Outpatient Clinics, St. Petersburg, FL, 1967-present.

Consultant, Training and Research, National Institute of Mental Health, 1965-68.
Member, NIMH Juvenile Problems Research Review Committee, 1971-75.

Consultant, Psychological Services and Research, Federal Correctional Institution, Tallahassee, FL, 1967-75.

Consultant, Southern Regional Education Board, Advisory Committee on Community-Clinical Psychology, 1972-75.

Consultant, Regional Flight Surgeon (Atlanta Office), Federal Aviation Administration, 1973-77.

Research Consultant, Department of Defense, Advanced Research Projects Agency, Arlington, VA, 1976-78.

Consultant, Training and Research in Clinical Psychology, US Air Force, Wilford Hall USAF Medical Center, Lackland AFB, 1976-present.

Consultant, Human Genome Project, National Institute of Health, Washington, DC, 1991.

Research Consultant, Biobehavioral Sciences Division, Medical Sciences Research Program, RJR Nabisco, Winston-Salem, NC, 1979-85.

Member, National Scientific Advisory Council, STRESSCARE Systems, Inc., Great Neck, NY, 1985-1988.

External Examiner: Dissertations of doctoral candidates in psychology in Australia (6), India (9), Hong Kong (1), Spain (4), United Kingdom (6).

Research and Training Grants:

Principal Investigator: "Improving the Academic Adjustment of Anxious College Freshmen."
NIMH Mental Health Project Grant (OM-362), 1959-62, Duke University, \$73,000.

Principal Investigator: "Mediating Processes in Verbal Conditioning." NIMH/NICHD Research Grant (MH-07446/HD 0947), 1963-66, Duke University and Vanderbilt University, \$61,000.

Program Director: NIMH Clinical Psychology Training Grant. Florida State University, 1968-73, \$574,000.

Co-Investigator: "A Program of Research on Antisocial Behavior and Violence." NIMH Research Grant (MH-1848), with E.I. Megargee & J. Hokanson, 1970-73, Florida State University, \$322,000.

Co-Director: "Psychological Assessment of Police Candidates." State Project Grant M-37 (With M. Silverman), University of South Florida, 1975, \$17,500.

Project Director: "Standards for the Selection of Police Officers." Law Enforcement Assistance Administration (75-DF-04-0026), University of South Florida (USF), 1975-77, \$159,356.

Principal Investigator: "Improvement in the Speed of Complex Learning Through Reduction in Test Anxiety." Advanced Research Projects Agency, U.S. Department of Defense, USF, 1977-79, \$121,198.

Principal Investigator: "Exploratory Study of Anger and Irritability in Cardiovascular Disease." R.J. Reynolds Industries, Inc., USF, 1977-81, \$8,600.

Project Director: "Standards for the Selection of Police Officers." Florida Department of Criminal Law Enforcement (P-78-A2-21-CA01/79-AA-21-CA01), USF, 1978-81, \$146,046.

Principal Investigator: "Origins and Correlates of Smoking Behavior." Jacob & Medinger, USF, 1978-81, \$59,368.

Principal Investigator: "Training Police Officers to Cope with Stress." Law Enforcement Assistance Administration, U.S. Department of Justice, 1979-81, \$29,700.

Principal Investigator: "Personality and Situational Determinants of Smoking Behavior." Jacob & Medinger, USF, 1981-83, \$110,000.

Principal Investigator: "Effects of Type-A Behavior, Anger and Hostility on Coronary Artery Disease." R.J. Reynolds Industries, \$69,900, 1983-86.

Co-Investigator: (With R. Rosenman, Stanford Research Institute, and R. Williams, Duke University Medical Center). "Psychosocial Factors and Coronary Atherosclerosis in U.S. Air Force Pilots." R.J. Reynolds Industries, USF and USAF School of Aerospace Medicine, Brooks AFB, San Antonio, TX, 1983-87, \$269,000.

Program Director: Multidisciplinary Research Workshops on "Stress, Heart Disease and Cancer." (Co-Directors: R. Ader, University of Rochester Medical Center; H.J. Eysenck, Univ. of London). R.J. Reynolds Industries, USF, 1984-87, \$99,500.

Project Director: "Review and Evaluation of Research on Psychosocial Risk Factors for Cancer." R.J. Reynolds Industries, The Netherlands Institute for Advanced Study and USF, 1985-87, \$49,500.

Program Director: International Research Workshop on "Stress, Heart Disease and Cancer." Initially funded by Jacob, Medinger, & Finnegan, 1983-84, \$43,190. Renewed by RJR-Nabisco, 1984-87, \$99,600.

Principal Investigator: "Psychosocial Risk Factors for Cancer." R.J. Reynolds Industries, \$67,400, 1986-87.

Director: Stress Management Component, "LIVING WELL IN TAMPA." Initially funded by the Florida State Legislature, \$20,000, 1983-85. Continued funding from fees paid by program participants, 1986-88.

Principal Investigator: "Personality Characteristics of Smokers and Users of Smokeless Tobacco Products." Jacob, Medinger & Finnegan, \$235,131, 1990-2003.

Grants for Advanced Study Institutes & Scientific and Educational Conferences:

Scientific Director (with I. Sarason): Advanced Study Institute on "Stress and Anxiety in Modern Life," Murnau-Am-Staffelsee, West Germany. Scientific Affairs Division, North Atlantic Treaty Organization (950,000 Belgian Francs; approximately \$25,000); Supplementary grant from Max Planck Institute, Munich (1,500 Deutsch Marks; approximately \$800), June 10-16, 1973.

Scientific Director (with I. Sarason): International Conference on "Empirical Approaches to Stress and Anxiety," Voksenasen-Oslo, Norway. (Originally scheduled to be held in Athens, Greece, Sept. 3-6, 1974; postponed because of the Cyprus crisis.) NATO Scientific Affairs Division (500,000 Belgian Francs; approximately \$15,000); supplementary grant, Hoffman-LaRoche Pharmaceuticals (\$3,000), June 29-July 3, 1975.

Scientific Director (with I. Sarason): Advanced Study Institute on "Coping with Stress," Urbino, Italy. NATO Scientific Affairs Division (720,000 Belgian Francs; approximately \$20,000), July 10-17, 1976.

Organizer & Conference Chairman: National Conference on "Standards for the Selection of Law Enforcement Officers." National Training Academy, Federal Bureau of Investigation, Quantico, VA. Law Enforcement Assistance Administration, U.S. Department of Justice (7-0061-J-LEAA), (\$7,126, plus room and board for 10 Conference speakers and 40 participants provided by the FBI Academy), Oct. 26-29, 1976.

Scientific Director (with I. Sarason & W. Froehlich): Advanced Study Institute on "Environmental Stress, Life Crises, and Social Adaptation," Cambridge, England; NATO Scientific Affairs Division (918,000 Belgian Francs; approximately \$25,000), Aug. 9-16, 1978.

Organizer & Conference Chairman: National Workshop on Selection of Law Enforcement Officers. FBI National Training Academy, Quantico, VA. Law Enforcement Assistance Administration, U.S. Department of Justice (78-DF-AX-0194), (\$34,599, plus room and board provided by the FBI for 12 speakers and 45 participants), May 29-June 1, 1979.

Conference Director (with P.B. Defares): National Conference on "Stress and Anxiety," Netherlands Institute for Advanced Study (NIAS), Feb. 7-9, 1980.

NIAS International Conference on "Stress and Anxiety," June 19-21, 1980.

Both conferences held at NIAS, Wassenaar, The Netherlands, supported by grants from Dutch Ministry of Education and The Netherlands Heart Foundation (32,000 Dutch Gelders; approximately \$16,500).

Organizer & Director: International Research Workshop on "Stress, Heart Disease and Cancer," Tampa, FL. Jacob, Medinger & Finnegan, \$43,190, Dec. 7-8, 1983.

Organizer & Participant: International Conference of Stress and Emotion, Budapest/Visegrad, Sponsored and Financed by The Hungarian Academy of Sciences and the Hungarian Psychological Association, June 2-5, 1986.

Organizer & Co-Director: International Conference on Health Psychology, sponsored by NIAS and the University of Tilburg (With S. Maes, P. Defares, & C. de Wolff). Supported by grants from The Netherlands National Science Foundation, The Dutch Ministries of Health and Education, and The Netherlands Heart, Cancer, and Asthma Foundations, NIAS, July 3-6, 1986.

Co-Director (with L. Penner): National Conference on "Contributions of Psychology to Mathematics and Science Education." Supported by the Science Directorate of the American Psychological Association and the University of South Florida, \$25,000, Nov. 1-3, 1991.

Organizer & Chairman: National Conference on "Assessing Learning and Educational Achievement" (Wingspread I). Supported by grants from the American Psychological Association, the Mid-Continent Regional Educational Laboratory (Denver), and The Johnson Foundation (Racine, WI), of approximately \$50,000, Nov. 8-10, 1991.

Organizer and Chairman: National Conference on "Research to Practice: Improved Learning and Teaching of Science and Mathematics" (Wingspread II). Sponsored by the Council of Scientific Society Presidents, the American Psychological Association, The Johnson Foundation, and the National Science Foundation. NSF grant, \$69,082, September 18-20, 1992.

Editor, Book Series:

Senior Editor: The Series in Clinical and Community Psychology. Hemisphere/Wiley (1972-80); Hemisphere/McGraw-Hill (1972-1985), Harper & Row (1985-1988), Taylor & Francis (1988-present).

General Editor: The Centennial Psychology Series. Praeger Publishers, 13 volumes, 1979-1990.

Senior Editor (with J. Butcher): Advances in Personality Assessment. LEA, Volumes 1-10, 1979-1995.

Senior Editor (with I.G. Sarason): Series on Stress and Anxiety, Vol. 1-13, 1975-91. Hemisphere/Wiley/Harper & Row/McGraw-Hill. Beginning in 1992 with the publication of Vol. 14, the title for this Series was changed to Stress and Emotion: Anxiety, Anger and Curiosity. Vol. 15-16 published in 1995-1996; Vol. 17 was published in 2005.

Editor-in-Chief: Health Psychology and Behavioral Medicine. Hemisphere/McGraw-Hill; 14 volumes, published 1989-Present. Hemisphere/Taylor & Francis.

Journal Editorial Appointments:

Associate Editor: Personality and Individual Differences, 1979-present.

Associate Editor: Journal of Personality Assessment, 1980-present.

Associate Editor: International Review of Applied Psychology, 1985-present.

Associate Editor: International Journal of Stress Management, 1993-present.

Associate Editor: Stress Medicine, 1993-present.

Associate Editor: Journal of Occupational Health Psychology, 1994-1999.

Member of Editorial Board:

European Journal of Psychological Assessment, 1992-present.
Anxiety, Stress, & Coping: An International Journal, 1996-present.
Ansiedad y Estrés, 1998-present.
International Journal of Health Promotion and Education,
International Advisor, 2002-present.

Previous Service on Editorial Boards:

American Journal of Community Psychology, Founder & Editor, 1971-76;
Editorial Board, 1977-80.
Anxiety Research, 1987-1992.
Archiv fur Psychologie, 1978-89.
British Journal of Clinical Psychology, 1989-1994
Contemporary Psychology, 1971-74.
Indian Journal of Psychophysiology, 1982-85.
Journal of Abnormal Psychology, 1971-73.
Journal of Behavioral Medicine, 1979-82.
Journal of Educational Psychology, 1976-84.
Journal of Fluency Disorders, 1974-79.
Journal of Personality, 1972-75.
Journal of Personality and Social Psychology, 1984-92.
Journal of Personality Assessment, 1976-84; Assoc. Ed. 1984-93.
Journal of Psychopathology and Behavioral Assessment, 1980-83.
New Trends in Experimental and Clinical Psychiatry, 1985-88.
Psychological Monographs, 1962-66
Revista Interamericana de Psicologia, 1982-1990.

Occasional Reviewer for:

American Psychologist, American Journal of Psychology,
Canadian Journal of Behavioral Science,
Cognitive Therapy & Research,
Community Mental Health Journal,
Journal of Abnormal Child Psychology,
Journal of Applied Behavior Analysis,
Journal of Clinical Psychology,
Journal of Consulting & Clinical Psychology,
Journal of Cross-Cultural Psychology,
Journal of Educational Measurement,
Journal of Experimental Research in Personality,
Journal of Gerontology, Journal of Motor Behavior,
Journal of Verbal Learning and Verbal Behavior,
Multivariate Behavioral Research, Perceptual & Motor Skills,
Psychological Bulletin, Psychological Review,
Psychological Reports,
Psychonomics Science, Science.

SCIENTIFIC AND PROFESSIONAL PUBLICATIONS**Books, Chapters, Monographs and Major Articles:**

1. Spielberger, C.D. (1954). *The effects of stuttering behavior and response set upon tachistoscopic visual recognition thresholds*. Unpublished doctoral dissertation, State University of Iowa, Iowa City.
2. Spielberger, C.D., Goodstein, L.D., & Martire, J.G. (1955). The relationship between "achievement imagery" and stuttering behavior in college males. *Proceedings of the Iowa Academy of Science*, 62, 399-404.
3. Spielberger, C.D., Goodstein, L.D., Williams, J.E., & Dahlstrom, W.G. (1955). The effects of serial position and design difficulty on recall of the Bender Gestalt Test Designs. *Journal of Consulting Psychology*, 19, 230-234.
4. Spielberger, C.D. (1956). The effects of stuttering behavior and response set on recognition thresholds. *Journal of Personality*, 25, 33-45. [Paper read at Midwestern Psychological Association Meetings, 1955.]
5. Spielberger, C.D. (1958). On the relationship between manifest anxiety and intelligence. *Journal of Consulting Psychology*, 22, 220-224. [Paper read at Midwestern Psychological Association Meetings, 1957.]
6. Spielberger, C.D., Goodstein, L.D., & Dahlstrom, W.G. (1958). Complex incidental learning as a function of anxiety and task difficulty. *Journal of Experimental Psychology*, 56, 58-61. [Paper read at Midwestern Psychological Association Meetings, 1956.]
7. Spielberger, C.D., & Katzenmeyer, W.G. (1959). Manifest anxiety, intelligence, and college grades. *Journal of Consulting Psychology*, 23, 278. [Paper read at Southeastern Psychological Association Meetings, 1958.]
8. Spielberger, C.D., Parker, J.B., Wallace, D.K., & Becker, J. (1959). Factors in manic-depressive reactions. *Diseases of the Nervous System*, 20, 1-7.
9. Spielberger, C.D. (1961). Evidence of a practice effect on the Miller Analogies Test. (1961). *Journal of Applied Psychology*, 43, 259-263.
10. Spielberger, C.D., Parker, J., & Theilie, A. (1961). Frequency of blood types in a homogeneous group of manic-depressive patients. *Journal of Mental Science*, 107, 936-942.
11. Spielberger, C.D. (1962). The role of awareness in verbal conditioning. In C.W. Eriksen (Ed.), *Behavior and awareness* (pp. 73-101). Durham: Duke University Press. [Also published in *Journal of Personality*, 30, 1962 Supplement.]

12. Spielberger, C.D. (1962). The effects of manifest anxiety on the academic achievement of college students. *Mental Hygiene*, 46, 420-426. [Paper read at Southeastern Psychological Association Meetings, 1961.]
13. Spielberger, C.D., Becker, J., & Parker, J.B. (1962). On the relationship between manic-depressive psychosis and inner-directed character. *Journal of Social Psychology*, 57, 149-153.
14. Spielberger, C.D., & DeNike, L.D. (1962). The operant conditioning of plural nouns: A failure to replicate the Greenspoon effect. *Psychological Reports*, 11, 355-366.
15. Spielberger, C.D., & Levin, S.M. (1962). What is learned in verbal conditioning? *Journal of Verbal Learning and Verbal Behavior*, 1, 125-132.
16. Spielberger, C.D., Levin S.M., & Shepard, M. (1962). The effects of awareness and attitude toward reinforcement on the operant conditioning of verbal behavior. *Journal of Personality*, 30, 106-121. [Paper read at Midwestern Psychological Association Meetings, 1960.]
17. Spielberger, C.D., Weitz, H., & Denny, J.P. (1962). Group counseling and the academic performance of anxious college freshmen. *Journal of Counseling Psychology*, 9, 195-204. [Awarded certificate by American Personnel & Guidance Association as one of the outstanding research publications on counseling in 1962.]
18. Spielberger, C.D., Parker, J.B. & Becker, J. (1963). Conformity and achievement in remitted manic-depressive patients. *Journal of Nervous & Mental Disease*, 137, 162-172.
19. Spielberger, C.D., Becker, J., & Parker, J.B. (1963). Value achievement and authoritarian attitudes in psychiatric patients. *Journal of Clinical Psychology*, 19, 57-61.
20. Spielberger, C.D., Berger, A., & Howard, K. (1963). The conditioning of verbal behavior as a function of awareness, need for social approval, and motivation to receive reinforcement. *Journal of Abnormal and Social Psychology*, 67, 241-246.
21. Spielberger, C.D., & Colver, R.N. (1963). Further evidence of a practice effect on the Miller Analogies Test. *Journal of Applied Psychology*, 45, 126-127.
22. Spielberger, C.D., & DeNike, L.D. (1963). Implicit epistemological bias and the problem of awareness in verbal conditioning: A reply to Greenspoon. *Psychological Reports*, 12, 103-106.
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